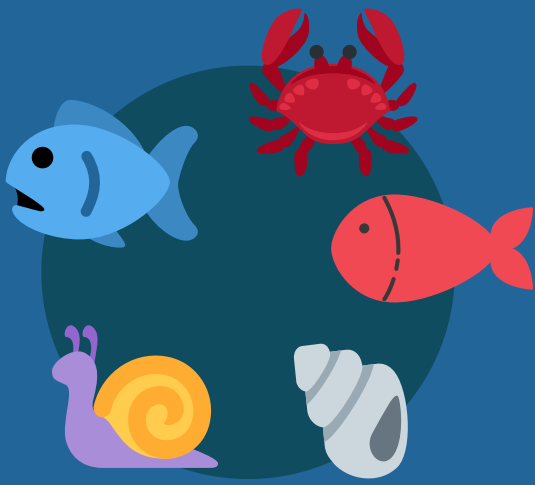


# KNOW YOUR ICELANDIC COD

Iceland is at the forefront of sustainable fishing, as it is crucial to their economy and livelihood. There are more Cod off the north shore of Iceland now than there were in the 1930s.



## WHAT ICELANDIC COD EAT

FISH... INCLUDING OTHER  
COD  
WORMS      SEA SNAILS  
SMALL  
CRUSTACEANS      CRAB



## HOW BIG DO THEY GET?

**120 LBS.**

IT'S POSSIBLE FOR  
ATLANTIC COD TO GET  
THIS BIG!

UP TO



**5 FT LONG**

Cod can change their color. They can change from gray-green to reddish-brown depending on the depth!



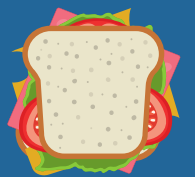
Icelandic Cod is carefully regulated and managed. It is certified by the Marine Stewardship Council.

## WHAT'S IT GOOD FOR?

**-BATTERED FISH-N-CHIPS**

**Soups & Chowders**

**Salads - Patties - Pasta Dishes**



## MORE ABOUT ICELAND?

**MOSQUITOES DO NOT EXIST IN ICELAND!**

**ICELAND IS THE SMALLEST COUNTRY TO EVER  
QUALIFY FOR THE WORLD CUP!**

**THERE ARE NO FORESTS IN ICELAND.**

**ICELANDIC TELEPHONE DIRECTORIES LIST  
ICELANDERS BY FIRST NAME ALPHABETICALLY.**

**COD HAS BEEN FEATURED ON THE ICELANDIC 1  
KRONA COIN AS WELL AS ON NUMEROUS OFFICIAL  
STAMPS**